

**KRANTIGURU SHYAMJI KRISHNA VERMA
KACHCHH UNIVERSITY
BHUJ – KACHCHH**



**NEW SYLLABUS
(AS PER NEP 2020 & UGC GUIDLINE)
TO BE IMPLEMENTED FROM JUNE-2026
M.A (P.G.) PSYCHOLOGY
SEMESTER I & II**

DR. Pallavi R. Chauhan

DR. PALLAVI R. CHAUHAN
Chairman
B.O.S, Psychology
K.S.K.V Kachchh University, Bhuj



DR. Kalpana Satija

DR. KALPANA SATIJA
Dean
Faculty of Arts
K.S.K.V Kachchh University, Bhuj

PROGRAMME OUTCOMES (PO) M.A. PSYCHOLOGY:

PO 1: Advanced Psychological Knowledge: Students will demonstrate a comprehensive understanding of complex psychological theories, including neuropsychological functions, developmental milestones, and the biological bases of behavior.

PO 2: Research and Analytical Proficiency: Students will acquire the skills to design scientific research and apply advanced statistical tools (such as χ^2 , ANOVA, and t-tests) to analyze and interpret quantitative data accurately.

PO 3: Diagnostic and Assessment Skills: Students will develop expertise in psychological testing and neuropsychological assessment to evaluate personality, mental health, and cognitive deficits.

PO 4: Social Advocacy and Problem Solving: Students will be equipped to apply psychological principles to address critical social issues, including environmental problems, aggression, communalism, and social injustice.

PO 5: Ethical and Professional Conduct: Students will recognize and adhere to professional ethical standards, ensuring confidentiality, informed consent, and respect for human dignity in research and practice.

PO 6: Effective Communication and Counseling: Students will develop the ability to communicate complex psychological insights clearly and provide supportive interventions or relaxation techniques for stress management.

PO 7: Self-Directed and Lifelong Learning: Students will cultivate a habit of independent inquiry to stay updated with emerging trends in psychology and maintain continuous professional growth.

PROGRAM SPECIFIC OUTCOMES (PSO) M.A. PSYCHOLOGY:

The Program Specific outcomes that a student should be able to demonstrate on completion of a degree level programme are as follows:

Neuro Psychology-I

CO 1: Students will be able to explain the structure and function of the human brain, neurons, and the nervous system.

CO 2: Students will understand the neurophysiological basis of critical processes like learning, memory, and emotion.

CO 3: Students will describe advanced methods of studying the brain, including CT scans, MRI, and lesion studies.

CO 4: Students will analyze the specific functions of different brain lobes and understand the effects of their impairment.

Experimental Psychology (Practical)

CO 1: Students will gain the ability to conduct and report on psychological experiments with scientific precision.

CO 2: Students will demonstrate practical understanding of experimental variables through tasks like Maze Learning, Bilateral Transfer, and Problem Solving.

CO 3: Students will acquire competence to quantify, analyze, and interpret experimental data to draw valid conclusions.



Developmental Psychology-I

CO 1: Students will analyze theories of social and emotional development ranging from infancy to old age.

CO 2: Students will evaluate the critical role of family dynamics, parenting styles, and peer groups in the socialization process.

CO 3: Students will assess the impact of the school environment and modern media on child development.

Research Methodology-I

CO 1: Students will be able to formulate research problems and hypotheses relevant to industrial and organizational psychology.

CO 2: Students will differentiate between and apply various research designs, including exploratory, descriptive, and survey research.

CO 3: Students will apply statistical tools such as the t-test for data analysis and understand the principles of sampling.

Behaviour Modification

CO 1: Students will understand the fundamental principles of behavior modification and behavioral analysis.

CO 2: Students will apply relaxation techniques such as Jacobson's Progressive Muscle Relaxation and Yoga for effective stress management.

CO 3: Students will utilize operant conditioning techniques (like Token Economy) and cognitive-behavioral strategies for therapeutic intervention.

Psycho-Diagnostics

CO 1: Students will understand the importance of clinical diagnosis and the DSM classification system.

CO 2: Students will develop proficiency in administering and interpreting intelligence tests (Stanford-Binet, Wechsler) and personality inventories (MMPI, 16PF).

CO 3: Students will learn to conduct neuropsychological assessments to evaluate mental impairment and brain damage.

Positive Psychology

CO 1: Students will define and understand core concepts of Positive Psychology, including happiness, well-being, and life satisfaction.

CO 2: Students will identify and cultivate positive character strengths, virtues, and optimism.

CO 3: Students will apply positive psychology interventions to enhance mental health, relationships, and workplace productivity



M.A SEMESTER-1 CREDIT STRUCTURE FOR M.A. (P.G.) PSYCHOLOGY

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	DSCMPS 101 Research Methodology	4	60	50	50	18/18	100
2.		DSCMPS 102 Experimental Psychology	4	60	50	50	18/18	100
3.		DSCMPS 103 Neuro Psychology-I	4	60	50	50	18/18	100
4.		DSCMPS 104 Development Psychology-I	4	60	50	50	18/18	100
5.	Minor Course	MIPS 101 Health Psychology	4	60	50	50	18/18	100
6.	Skill Enhancement Course	SECPS 101 Emotion of Psychology-I	2	30	25	25	9/9	50
Total Credits			22		275	275		550



M.A SEMESTER-2 CREDIT STRUCTURE FOR M.A. (P.G.) PSYCHOLOGY

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	DSCMPS 201 Advance Research Methodology	4	60	50	50	18/18	100
2.		DSCMPS 202 Psychological Testing	4	60	50	50	18/18	100
3.		DSCMPS 203 Neuro Psychology-II	4	60	50	50	18/18	100
4.		DSCMPS 204 Development Psychology- II	4	60	50	50	18/18	100
5.	Minor Course	MIPS 201 Theories of Personality	4	60	50	50	18/18	100
6.	Skill Enhancement Course	SECPS 201 Emotion of Psychology-II	2	30	25	25	9/9	50
Total Credits			22		275	275		550



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			I			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 101		Subject Name		RESEARCH METHODOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Understand the foundations of research methodology with special reference to Industrial and Organizational Psychology.
2. Develop skills in formulating research problems, objectives, and hypotheses relevant to industrial and organizational settings.
3. Gain knowledge of research designs (experimental, descriptive, correlational, and survey methods) used in industrial psychology research.
4. Understand qualitative and quantitative research methods, including data collection tools such as questionnaires, interviews, observation, and psychological tests.
5. Acquire competence in sampling techniques and measurement methods used in organizational research.
6. Develop basic skills in statistical analysis and interpretation of data relevant to industrial organizational studies.
7. Understand ethical issues in psychological and industrial research, including Confidentiality, consent, and responsible reporting.
8. Enhance ability to review literature, write research reports, and present findings in a systematic and scientific manner.

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	નિરીક્ષણ (Observation) 1. નિરીક્ષણ અર્થ (Meaning of Observation) 2. નિરીક્ષણ પદ્ધતિના પ્રકારો (Types of Observation Method) (1) અનિયંત્રિત નિરીક્ષણ (Uncontrolled Observation) 1. સહભાગી નિરીક્ષણ (Participant Observation) 2. અસહભાગી નિરીક્ષણ (Non-Participant Observation) 3. અર્ધ સહભાગી નિરીક્ષણ (Semi-Participant Observation) (2) નિયંત્રિત નિરીક્ષણ (Controlled Observation) (3) સમૂહ નિરીક્ષણ (Group Observation)	15



UNIT-2	અન્વેષણાત્મક સંશોધન અને વર્ણનાત્મક સંશોધન (Descriptive and Exploratory Research) (1) અન્વેષણાત્મક સંશોધન (Exploratory Research) 1. અન્વેષણાત્મક સંશોધન અર્થ અને સ્વરૂપ (Meaning and Nature of Exploratory Research) 2. અન્વેષણાત્મક સંશોધન ઉદ્દેશ્યો અથવા કાર્યો (Objectives or Functions of Exploratory Research) 3. અન્વેષણાત્મક સંશોધનની પદ્ધતિઓ (Methods of Exploratory Research) 4. અન્વેષણાત્મક સંશોધનની મર્યાદાઓ (Limitations of Exploratory Research) (2) વર્ણનાત્મક સંશોધન (Descriptive Research) 1. વર્ણનાત્મક સંશોધન ઉદ્દેશ્યો અથવા કાર્યો (Objectives or Functions of Descriptive Research) 2. વર્ણનાત્મક સંશોધનના સોપાનો (Steps of Descriptive Research) 3. વર્ણનાત્મક સંશોધનનું મહત્વ (Importance of Descriptive Research) 4. વર્ણનાત્મક સંશોધનની મર્યાદાઓ અને દૂર કરવાના ઉપાયો (Limitations of Descriptive Research and Remedial Measures)	15
UNIT-3	ટી પરીક્ષણ (t – Test) 1. નાનો નિદર્શ (Small Sample) 2. મોટો નિદર્શ (Large Sample) 3. પૂર્વ- પાશ્ચાત પદ્ધતિ (Before- After Technique)	15
UNIT-4	સર્વેક્ષણ સંશોધન (Survey Research) 1. સર્વેક્ષણ સંશોધનનો અર્થ (Meaning of Survey Research) 2. સર્વેક્ષણના પ્રકારો (Types of Survey) 3. સર્વેક્ષણના અન્ય પ્રકારો (Other Types of Survey) 4. સર્વેક્ષણના સોપાનો (Steps of Survey) 5. સર્વેક્ષણ સંશોધનની મર્યાદાઓ અને ગેરલાભ (Limitations and Disadvantages of Survey Research)	15

Reference:

1. Best, J. W., & Kahn, J. V. (2017). Research in education (10th ed.). Boston, MA: Pearson Education.
2. Creswell, J. W. (2014). *Research design: Qualitative, quantitative, and mixed methods approach* (4th ed.). Thousand Oaks, CA: Sage Publications.
3. Good, C. V., Barr, A. S., & Scates, D. E. (2015). The methodology of educational research. New York, NY: Appleton-Century-Crofts.
4. Kerlinger, F. N., & Lee, H. B. (2000). Foundations of behavioral research (4th ed.). Belmont, CA: Wadsworth/Thomson Learning.
5. Kothari, C. R. (2019). Research methodology: Methods and techniques (4th ed.). New Delhi, India: New Age International Publishers.
6. ત્રિવેદી, આર. એન. (2012). માનસશાસ્ત્રમાં સંશોધન પદ્ધતિ. રાજકોટ: પાર્થ પ્રકાશન.
7. દેસાઈ, એચ. જી. (2014). શૈક્ષણિક અને માનસશાસ્ત્રીય સંશોધન. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
8. પંડ્યા, એમ. બી. (2016). સર્વેક્ષણ અને નિરીક્ષણ પદ્ધતિઓ. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
9. પટેલ, આર. એસ. (2015). સંશોધન પદ્ધતિઓ અને આંકડાશાસ્ત્ર. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
10. શાહ, બી. કે. (2013). શૈક્ષણિક સંશોધન પદ્ધતિ. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.



University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme		Master of Arts				Branch/ Spec		M.A Psychology	
Semester		I				Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 102		Subject Name		EXPERIMENT PSYCHOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit			4		4	Theory			
Hours			60		60	Practical	50	50	100
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To impart an understanding of the application of various psychological theories.
2. To impart an understanding of the various domains of Experiment in Psychology.
3. Develop the skill to perform an experiment in a totally scientific temper.
4. Acquire competence to note, quantify, codify, analyse and interpret data.
5. To acquaint Students with the basic concepts of Psychological Practical
6. To Provide Students a Perspective of Psychological Practical.

Details of Practical

Practical No.	Practical Name (Any Five)
1	Bilateral Transfer (દ્વિપર્શીય સંક્રમણ)
2	Habit Interference (ટેવગત અવરોધ)
3	Size Constancy (કદસાતત્ય-)
4	Perceptual Defense (ભૂતલક્ષી નિરોધન)
5	Maze Learning (ભૂલભુલામણી)
6	Zeigarnik Effect (ઝાઇગર્નિક અસર)
7	Colour Preference (રંગ પસંદગી)
8	Fluctuation of Attention (ધ્યાન વિચલન)
9	Aesthesiometer એસ્થિઓમીટર (સ્પર્શ સંવેદન માપક)
10	Problem Solving (સમસ્યા ઉકેલ)
11	Measurement of optical illusion in Muller Liar Figure (મ્યુલર લાયર આકૃતિમાં દ્રષ્ટિભ્રમનું માપન)



TEXTBOOKS & REFERENCES

1. Collins M. and Drever J. (1949): Experimental Psychology. Matheun & Co. Ltd., London.
2. D 'Amato M. R. (1976): Experimental Psychology:Methodology Psychophysics and Learning. New York - Tokyo, McGraw Hill Kogakusha .
3. Postman L. and Egan J. (194 9): Experimental Psychology. (Harper) & Row (Kalyani Pub. Ludhiana.)
4. Underwood B. J. (1 9 4 9): Experimental Psychology - An Introduction. New York: Appleton Country Crofts Indian Reprint. The Finances of India Press
5. Woodworth R. S. & Schosberg H. (1 9 3 8): Experimental Psychology. New York (Holt) Rinehant and Winston Inc. Third Indian Reprint Oxford IBH Publishing Co New Delhi, Bombay, Calcutta.
6. ભોપટકર, ટી.સી., (૧૯૯૯), પ્રાયોગિક મનોવિજ્ઞાન.
7. કાનવાલા એસ.સી.,(2019). પ્રાયોગિક મનોવિજ્ઞાન સિધ્ધાંત અને પ્રયોગપોથી.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

JOURNAL	- 10
PERFORMANCE	- 15
REPORT WRITING	- 15
VIVA	- 10
TOTAL	= 50



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			I			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 103		Subject Name		NEURO PSYCHOLOGY-I			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.
3. Define the foundational concepts of Neuropsychology, including its history, scope, and the structural organization of the human brain.
4. Describe the anatomy of the brain in detail, specifically focusing on the functions of the cerebral lobes, hemispheres, and the brain's circulatory system.
5. Explain the functional components of the nervous system, including the structure of cells, types of neurons, and the detailed process of synaptic transmission.
6. Analyze the physiological mechanisms of neural communication, covering the origin of neural impulses and the 'All-or-None' principle.
7. Evaluate various neuroscientific research methods and diagnostic techniques used to study the brain, such as CT scans, MRI, PET scans, and lesion methods.
8. Understand the symptomatology of the brain stem, specifically focusing on the functions and symptoms associated with the Medulla Oblongata and Pons.
9. Identify the cognitive and behavioral impairments that result from damage to specific areas of the brain, such as the Medulla Oblongata and Pons.

Course Details

Unit	Content/ Topic	Hours
UNIT-1	માનવ મગજની રચના (Structure of Human Brain) 1. પ્રસ્તાવના (Introduction) 2. મજ્જા મનોવિજ્ઞાનનો ઇતિહાસ (History of Neuro Psychology) 3. મજ્જા મનોવિજ્ઞાનની વ્યાખ્યા (Definition of Neuro Psychology) 4. મગજની સ્થાલમાન વ્યવસ્થા (Structural Organization of Brain) 5. મસ્તિષ્કછાલ અને તેના ખંડનું સંગઠન (Cerebral Lobes and Their Organization) 6. મોટા મગજના ગોળાર્ધ અને તેની આંતરિક રચના (Hemispheres of the Cerebrum and Its Internal Structure) 7. મગજના લોહીનું પરિભ્રમણ કરનાર તંત્ર Circulatory System of the Brain 8. ખોપરીની અને કરોડરજ્જુની ચેતનાના માર્ગો અને રસાયણિક તંત્ર (Neural Pathways and Chemical Systems of the Skull and Spinal Cord)	15



UNIT-2	ચેતાતંત્રના ઘટકો અને તેના કાર્યો (Components of the Functional Nervous System) 1. પ્રસ્તાવના Introduction 2. ચેતાતંત્ર Nervous System 3. કોષની રચના અને કાર્ય Structure and Function of a Cell 4. ચેતાકોષની રચના અને કાર્ય Structure and Function of Neurons 5. ચેતાકોષના પ્રકાર) કાર્યગત વિવિધતા પ્રમાણે (Types of Neurons (Based on Functional Diversity) 6. ચેતાપ્રવાહનો ઉદ્ભવ અને વહેન Origin and Transmission of Neural Impulses 7. ચેતાપ્રવાહમાં સર્વ અથવા શૂન્યનો સિદ્ધાંત All-or-None Principle of Neural Impulse 8. ચેતોપાગમ Synapse 9. ચેતોપાગમી સંચારકી Synaptic Transmission 10. ચેતોપાગમમાં જોવા મળતા સ્થિતિમાનો Conditions Observed in the Synapse	15
UNIT-3	મગજના અભ્યાસ માટેની પદ્ધતિઓ (Methods of Brain Study) 1. પ્રસ્તાવના Introduction 2. ચેતાકીય સંશોધન પદ્ધતિઓ Neuroscientific Research Methods 3. રંગાંકન પદ્ધતિઓ Coloring Methods 4. ક્ષય પદ્ધતિ Lesion Method 5. વિદ્યેન પદ્ધતિ Stimulation Method 6. વિદ્યુત ઉદીપન પદ્ધતિ Electrical Stimulation Method 7. રેડિયોલજીકલ પદ્ધતિ Radioisotope Method 8. સી.ટી. સ્કેન પદ્ધતિ CT Scan Method 9. એમઆઈ .આર . MRI 10. પેટ સ્કેન PET Scan	15
UNIT-4	અગ્ર કાપલી ખંડ અને શંખ ખંડીય લક્ષણસંધાન (Medulla Oblongata and Pons Symptomatology) 1. પ્રસ્તાવના Introduction 2. અગ્ર કાપલી ખંડના લક્ષણો Symptoms of Medulla Oblongata 3. શિક્ષણના મનોશારીરિક આધાર Physical Bases of learning 4. સ્મૃતિના મગજ શારીરિક આધાર Memory Brain Physical Bases 5. ધ્યાન અને સ્મરણની પ્રક્રિયામાં ક્ષતિ Damage in Attention and Memory Processes 6. આવેગીક વર્તનમાં ક્ષતિ Impairment in Environment 7. મનોકારક કાર્યોમાં ક્ષતિ Impairment in Cognitive Functional 8. શંખ ખંડીય લક્ષણસંધાન Pons Symptomatology 9. શંખખંડના લક્ષણો Symptoms of Pons 10. શ્રવણ પ્રત્યક્ષીકરણનું મજ્જા શરીરશાસ્ત્ર Neuro Physiology of Auditory Perception	15



Reference:

1. Boller, F., & Grafman, J. (Eds.). (1988). Handbook of neuropsychology. New York: Elsevier.
2. Heilman, K. M., & Valenstein, E. (1993). Clinical neuropsychology. New York: Oxford University Press.
3. Kolb, B., & Whishaw, I. Q. (1990). Fundamentals of human neuropsychology. New York: W. H. Freeman.
4. Walsh, K. (1994). Neuropsychology: A clinical approach. New Delhi: Churchill Livingstone.
5. Whitaker, H. A. (1988). Neuropsychological studies of focal brain damage. New York: Springer-Verlag.
6. પંડ્યા, કે.કે.(2012). આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			I			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 104		Subject Name		DEVELOPMENT PSYCHOLOGY-I			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Define the fundamental concepts of Developmental Social Psychology, explaining its meaning, scope, and the core processes of socialization.
2. Analyze major theoretical frameworks regarding human development, including Cognitive Developmental Theory, Social Learning Theory, and Psycho-Dynamic Theory.
3. Evaluate the influence of biological and environmental factors on development by studying Evolutionary, Ecological, and Anthropological theories.
4. Examine the role of the family in social development, specifically understanding different family types, parenting styles, and the socialization process model.
5. Understand the dynamics of peer group relations, covering their characteristics, functions, and the importance of cooperation within peer groups.
6. Identify the developmental characteristics of childhood, focusing on the acquisition of skills and the nature of the developmental process itself.
7. Assess the impact of the school environment on a child's growth and social behavior.

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	વિકાસાત્મક સમાજ મનોવિજ્ઞાન બાલ્યાવસ્થા થી વૃદ્ધાવસ્થા Developmental Social Psychology from Infancy to old age 1. પ્રસ્તાવના Introduction 2. વિકાસાત્મક સમાજ મનોવિજ્ઞાનનો અર્થ Meaning of Developmental Social Psychology 3. વિકાસાત્મક સમાજ મનોવિજ્ઞાન : શા માટે? Developmental Social Psychology: Why? 4. વિકાસાત્મક સમાજ મનોવિજ્ઞાન : કેમ? Developmental Social Psychology: How? 5. મુખ્ય ચાવી રૂપ બે ખ્યાલો : સમાજ અને સામાજીકરણ Two Key concept: Social and Socialization 6. વિકાસાત્મક સમાજ મનોવિજ્ઞાનની સૈદ્ધાંતિક ભૂમિકા Theories of Developmental social Psychology	15



UNIT-2	વિકાસાત્મક સમાજ મનોવિજ્ઞાનની સૈદ્ધાંતિક ભૂમિકા (Theories of Developmental social Psychology) 1. જ્ઞાનાત્મક વિકાસાત્મક સિદ્ધાંત Cognitive developmental theory 2. સામાજિક શિક્ષણ સિદ્ધાંત Social Learning Theory 3. વિકાસનો ઉત્ક્રાંતિનો સિદ્ધાંત Evolutionary Theory 4. માનવ વિકાસનો જૈવિક પર્યાવરણીય સિદ્ધાંત An Ecological Theory of Human Developmental 5. નૃવંશશાસ્ત્રીય સિદ્ધાંત Anthropological Theory 6. (મનોગત્યાત્મક સિદ્ધાંત) Psycho Dynamic Theory	15
UNIT-3	કુટુંબમાં બાળક -જોડીદાર સમૂહનાં સંબંધો (Child in Family and Peer Group Relations) 1. પ્રસ્તાવના Introduction 2. કુટુંબની વ્યાખ્યા અને સ્વરૂપ Definition and Nature of Family 3. કુટુંબનાં પ્રકારો Types of family 4. કુટુંબમાં માતૃ-પિતૃત્વ શૈલીઓ Parental style in family 5. માનવ બાળકનો સામાજિક વિકાસ Social Development of Human child 6. સામાજીકરણ પ્રક્રિયાઓના મોડેલ Socialization process model જોડીદાર સમૂહનાં સંબંધો (Peer Group Relations) 1. પ્રસ્તાવના Introduction 2. જોડીદાર સમૂહની વ્યાખ્યા Definition of peer group 3. જોડીદાર સમૂહનું સ્વરૂપ Nature of peer group 4. જોડીદાર સમૂહનાં લક્ષણો Characteristics of peer group 5. જોડીદાર સમૂહનાં કાર્યો Function of peer group 6. જોડીદાર સમૂહોમાં સહકાર Co-operation in peer group	15
UNIT-4	બાળકો પર શાળાકીય વાતાવરણ અને મીડિયાની અસર School Environment and Effect of Media on Child 1. પ્રસ્તાવના Introduction 2. વિકાસનો અર્થ Meaning of Development 3. વિકાસની પ્રક્રિયાનાં લક્ષણો Characteristics of developmental process 4. ઉત્તર બાલ્યાવસ્થાનાં લક્ષણો Characteristics of childhood 5. ઉત્તર બાલ્યાવસ્થાના કૌશલ્યો Skill in childhood 6. મીડિયાનો બાળકો પર પ્રભાવ Effect of Media on Child	15

Reference:

1. English, H. B. (Year). Child psychology. Publisher.
2. Hurlock, E. B. (2005). Developmental psychology: A life-span approach. Tata McGraw-Hill.
3. Hurlock, E. B. (2024). Child development (7th ed.). Medtech Publishers.
4. Kuppaswamy, B. (1961). An introduction to social psychology. Asia Publishing.



University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			I			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		MIPS 101		Subject Name		HEALTH PSYCHOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To acquaint students with the basic concepts, principles, and foundations of Health Psychology.
2. To provide students with a comprehensive perspective on the psychological, biological, and social determinants, of health and illness.
3. To impart an understanding of major health psychology models and theories related to health behaviour and illness prevention.
4. To equip learners with an understanding of the interaction between mind, body, and environment in health and disease.
5. To impart knowledge of health-related behaviours, lifestyle factors, stress, and psychosomatic disorders.
6. To develop the ability to apply health psychology concepts in promoting health, preventing illness, and improving quality of life through scientific and ethical approaches.

Details of Modules

Unit	Content/ Topic	Hours
Unit: 1	સ્વાસ્થ્ય મનોવિજ્ઞાનનો પરિચય Introduction to Health Psychology 1. પ્રસ્તાવના Introduction 2. સ્વાસ્થ્ય મનોવિજ્ઞાનનો અર્થ અને વ્યાખ્યા, સ્વાસ્થ્ય મનોવિજ્ઞાનનું સ્વરૂપ Meaning and Definition of Health Psychology & Nature of Health Psychology 3. શરીર-મન સંબંધનો સંક્ષિપ્ત ઇતિહાસ Brief History of the Mind-Body Relationship 4. સ્વાસ્થ્ય મનોવિજ્ઞાનનો ઉદભવ અને વિકાસ Emergence and Development of Health Psychology 5. સ્વાસ્થ્ય મનોવિજ્ઞાનનું કાર્યક્ષેત્ર Scope of Health Psychology	15



Unit: 2	સ્વાસ્થ્ય પ્રતિરૂપો Health Models - જૈવ તબીબી પ્રતિરૂપ Biomedical Model - જૈવ મનોસામાજિક- પ્રતિરૂપ Bio psychosocial Model - સ્વાસ્થ્ય માન્યતા પ્રતિરૂપ Health Belief Model – HBM - મનો સાંસ્કૃતિક પ્રતિરૂપ Psycho-cultural Mode	15
Unit: 3	જીવન શૈલી અને સ્વાસ્થ્ય Lifestyle and Health - સ્વાસ્થ્ય સંભાળ વર્તન Health Seeking Behaviour - કાર્ય- કારણ સિદ્ધાંત Theory of Reasoned Action - સુયોજિત આચરણ સિદ્ધાંત Theory of Planned Behaviors - સ્વ- નિયમન સિદ્ધાંત Self – regulation Theory - સ્વાસ્થ્ય વર્ધક વર્તનો Health-promoting behaviors - વજન નિયંત્રણ અને અતિસ્થૂળતા Obesity and weight control - કસરત Exercise - બચાવ અને અકસ્માત Rescue and accident	15
Unit-4	સ્વાસ્થ્ય હાનિકર્તા વર્તનો અને સ્વાસ્થ્ય સંબંધિત રોગો Unhealthy behaviors and health-related diseases - ધૂમ્રપાન Smoking - મધપાન Alcoholism - હૃદય સંબંધિત વિકૃતિઓ Heart related disorders - તાણ Stress - ડાયાબીટીસ Diabetes	15

BOOKS & REFERENCES

- Brannon, L., & Feist, J. (2014). *Health psychology: An introduction to behavior and health* (8th ed.). Cengage Learning.
- Morrison, V., & Bennett, P. (2016). *An introduction to health psychology* (4th ed.). Pearson Education.
- દેસાઈ, એમ. એન. (2010). *આરોગ્ય અને મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
- પટેલ, એસ. એન. (2011). *મનોવિજ્ઞાનના આધુનિક પ્રવાહો*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
- પાઠક, આર. એન. (2012). *સ્વાસ્થ્ય મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
- ભટ્ટ, કે. જી. (2009). *સામાજિક અને સ્વાસ્થ્ય મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			I			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		SECPS 101		Subject Name		EMOTION OF PSYCHOLOGY -I			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	2	-			2	Theory	25	25	50
Hours	30				30	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

- To understand the basic concept and meaning of emotion, including its nature, components and importance in human behavior.
- To develop knowledge about different approaches to emotion, such as cognitive, physiological, and behavioral aspects.
- To familiarize students with various types of emotions, including positive and negative emotions, and their role in daily life.

Details of Modules

UNIT	Content/ Topic	Hours
Unit: 1	આવેગનો પરિચય (Introduction to Emotion) - પ્રસ્તાવના Introduction - આવેગનો અર્થ Meaning of emotion - આવેગનું સ્વરૂપ Nature of emotion - આવેગના અભિગમો/ ઘટકો Approaches/Components of emotion - સંજ્ઞાનાત્મક અભિગમ Cognitive Approaches - શારીરિક અભિગમ Physical Approaches - વાર્તાનિક અભિગમ Behavioral Approaches	15
Unit: 2	આવેગના પ્રકારો (Types of Emotion) - વિધાયક આવેગ Positive emotion - આનંદ Joy - પ્રેમ love - નિષેધક આવેગ Negative emotion - ભય Fear - ગુસ્સો Anger - તિરસ્કાર Hatred - દુઃખ Sadness	15



Reference

1. Carlson, N. R., & Birkett, M. A. (2021). Physiology of behavior (13th ed.). Pearson.
2. Goleman, D. (2006). Emotional intelligence: Why it can matter more than IQ. Bantam Books.
3. Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. (2018). Introduction to psychology (8th ed.). McGraw-Hill Education.
4. Schacter, D. L., Gilbert, D. T., Wegner, D. M., & Nock, M. K. (2020). Psychology (5th ed.). Worth Publishers.
5. Strongman, K. T. (2003). The psychology of emotion (5th ed.). John Wiley & Sons.
6. દવે, આર .એ) .2014). સામાન્ય મનોવિજ્ઞાન. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
7. પટેલ, બી .એન) .2016). મનોવિજ્ઞાનના મૂળ તત્વો. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
8. શાહ, એન .આર) .2015). શૈક્ષણિક મનોવિજ્ઞાન. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય

University Exam Paper Style

Evaluation

Internal Assessment:

25 Marks

Time: 1.00 Hours

University Assessment:

25 Marks

Credit: 02

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Short Questions (Any 5 out of 7)	Unit- 1 to 2	05



**KRANTIGURU SHYAMJI KRISHNA VERMA
KACHCHH UNIVERSITY
BHUJ – KACHCHH**



**NEW SYLLBUS
(AS PER NEP 2020 & UGC GUIDLINE)
TO BE INPLIMANTED FROM JUNE-2026
M.A (P.G.) PSYCHOLOGY
SEMESTER- II**



M.A SEMESTER-2 CREDIT STRUCTURE FOR M.A. (P.G.) PSYCHOLOGY

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	DSCMPS 201 Advance Research Methodology	4	60	50	50	18/18	100
2.		DSCMPS 202 Psychological Testing	4	60	50	50	18/18	100
3.		DSCMPS 203 Neuro Psychology-II	4	60	50	50	18/18	100
4.		DSCMPS 204 Development Psychology- II	4	60	50	50	18/18	100
5.	Minor Course	MIPS 201 Theories of Personality	4	60	50	50	18/18	100
6.	Skill Enhancement Course	SECPS 201 Emotion of Psychology-II	2	30	25	25	9/9	50
Total Credits			22		275	275		550



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 201		Subject Name		ADVANCE RESEARCH METHODOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Understand the foundations of research methodology with special reference to Industrial and Organizational Psychology.
2. Develop skills in formulating research problems, objectives, and hypotheses relevant to industrial and organizational settings.
3. Gain knowledge of research designs (experimental, descriptive, correlational, and survey methods) used in industrial psychology research.
4. Understand qualitative and quantitative research methods, including data collection tools such as questionnaires, interviews, observation, and psychological tests.
5. Acquire competence in sampling techniques and measurement methods used in organizational research.
6. Develop basic skills in statistical analysis and interpretation of data relevant to industrial organizational studies.
7. Understand ethical issues in psychological and industrial research, including Confidentiality, consent, and responsible reporting.
8. Enhance ability to review literature, write research reports, and present findings in a systematic and scientific manner.

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	સંશોધન ડિઝાઇન Research Design 1. સંશોધન ડિઝાઇનની વ્યાખ્યા Research Design Definition 2. સંશોધન ડિઝાઇનના ઉદ્દેશ્ય Objectives of Research Design 3. વૈજ્ઞાનિક સંશોધન ડિઝાઇનના માપદંડો Criteria of Scientific Research Design 4. સંશોધન ડિઝાઇનના પ્રકારો Types of Research Design ૧. અપ્રાયોગિક સંશોધન ડિઝાઇન Non-Experimental Research Design ૨. અર્ધ પ્રાયોગિક સંશોધન ડિઝાઇન Quasi-Experimental Research Design 5. પ્રાયોગિક સંશોધન ડિઝાઇન Experimental Research Design	15



10. પંડ્યા આર. એન. (2018). શૈક્ષણિક સંશોધન પદ્ધતિ (Educational Research Methodology).
Ahmedabad: University Granth Nirman Board.
11. પટેલ એસ. ડી. (2017). શૈક્ષણિક સંશોધન અને આંકડાશાસ્ત્ર (Educational Research and Statistics).
Rajkot: Saurashtra University

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 202		Subject Name		PSYCHOLOGICAL TESTING			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit		–	4		4	Theory			
Hours			60		60	Practical	50	50	100
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To impart an understanding of the application of various psychological theories.
2. To impart an understanding of the various domains of Experiment in Psychology.
3. Develop the skill to perform an experiment in a totally scientific temper.
4. Acquire competence to note, quantify, codify, analyse and interpret data.
5. To acquaint Students with the basic concepts of Psychological Practical
6. To Provide Students a Perspective of Psychological Practical.

Details of Practical

Practical No.	Testing Name (Any Five)
1	मोडस्ले व्यक्तित्व संशोधनिका Moddsley Personality Inventory
2	आवेगिक परिपक्वता संशोधनिका Emotional Maturity Inventory
3	समायोजन सुधारण संशोधनिका Revised Adjustment Inventory
4	मानसिक स्वास्थ्य संशोधनिका Mental Health Inventory
5	मनोवैज्ञानिक सुभाकारी संशोधनिका - Psychological Well-Being Inventory
6	सिंहानी चिंता कसोटी Sinha Anxiety Inventory
7	विद्यार्थी समस्या संशोधनिका Student Problem Inventory
8	आक्रमकता Aggressiveness
9	व्यक्तित्व मुख्य पांच गुण मापन संशोधनिका Big Five Personality Test
10	कार्य सामेलगीरी संशोधनिका Job Involvement Inventory



Reference Books:

1. Aiken, L. R., & Groth-Marnat, G. (2006). Psychological testing and assessment (12th ed.).
2. Anastasi, A., & Urbina, S. (1997). Psychological testing (7th ed.). Pearson Education.
3. Gregory, R. J. (2015). Psychological testing: History, principles, and applications (7th ed.). Pearson Education.
4. Kaplan, R. M., & Saccuzzo, D. P. (2018). Psychological testing: Principles, applications, and issues (9th ed.).
5. National Psychological Corporation (NPC), Agra
6. Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

JOURNAL	- 10
PERFORMANCE	- 15
REPORT WRITING	- 15
VIVA	- 10
TOTAL	= 50



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 203		Subject Name		NEURO PSYCHOLOGY-II			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Explain the mechanisms of Interhemispheric Communication, focusing on the characteristic signs and functions of the Corpus Callosum.
2. Analyze the neurophysiological basis of sensory perception, specifically examining visual perception deficits and Anosmia (loss of smell).
3. Describe the Functional Organization of the Brain, distinguishing between structural and functional features of brain organization.
4. Evaluate the neurophysiology of Emotion and Motivation, including the development of emotional expression and motor activity.
5. Understand the physiological basis of Sleep and Wakefulness, encompassing the biological mechanisms regulating these states.
6. Apply Neuropsychological Assessment techniques, particularly for the individual assessment of patients suffering from brain injuries.
7. Demonstrate knowledge of Stress-Relief Activities, including Relaxation Techniques, Autogenic Training, Yoga, and Meditation.
8. Critique various Psychotherapeutic methods, ranging from Supportive and Pharmacological approaches to Sleep-Based and Energy-Based therapies.

Course Details

Unit	Content/ Topic	Hours
UNIT-1	કોર્પસ કેલોસમ અને આંતર-ગોળાર્ધિય સંદેશાવ્યવહાર Corpus Callosum and Interhemispheric Communication 1. પ્રસ્તાવના Introduction 2. કોર્પસ કેલોસમ અને આંતર-ગોળાર્ધિય સંદેશાવ્યવહારના લાક્ષણિક ચિહ્નો Characteristic Signs of Corpus Callosum and Interhemispheric Communication 3. મગજના સંગઠનની વિશેષતાઓ Features of Brain Organization 4. દ્રશ્ય પ્રત્યક્ષીકરણનો ચેતા-શારીરિક આધાર Neurophysiological Basis of Visual Perception 5. દ્રષ્ટિ પ્રત્યક્ષીકરણની ક્ષતિઓ Deficits in Visual Perception 6. એનોસ્મિયા ગંધશક્તિનો અભાવ અને તેની ખામીઓ Anosmia and its Deficits	15



UNIT-2	મગજનું કાર્યાત્મક સંગઠન Functional Organization of the Brain 1. પ્રસ્તાવના Introduction 2. મગજના સંગઠનની રચનાત્મક વિશેષતાઓ Structural Features of Brain Organization 3. મગજનાં ગોઠવણીની કાર્યાત્મક લક્ષણતા Functional Features of Brain Organization 4. મગજના સંગઠનની કાર્યાત્મક વિશેષતાઓ Neurophysiology of Emotion and Motivation 5. આવેગના અનુભવ, અભિવ્યક્તિ અને પ્રત્યક્ષીકરણના વિકાસ Development of Emotion: Inheritance, Expression, and Perception 6. હલનચલનનો વિકાસ Development of Motor Activity	15
UNIT-3	મજજા મનોવિજ્ઞાનિક મૂલ્યાંકન Neuro Psychological Assessment 1. પ્રસ્તાવના Introduction 2. નિદ્રા અને જાગૃતિનો શારીરિક/જૈવિક આધાર Physiological Basis of Sleep and Wakefulness 3. મગજનું ચેતા-મનોવૈજ્ઞાનિક મૂલ્યાંકન Neuropsychological Assessment of the Brain 4. વ્યક્તિગત મૂલ્યાંકન Individual Assessment 5. મગજની ઈજા ધરાવતા દર્દીઓનું મૂલ્યાંકન Assessment of Patients with Brain Injury	15
UNIT-4	તણાવ મુક્તિની પ્રવૃત્તિઓ Stress-Relief Activities 1. પ્રસ્તાવના Introduction 2. શિથિલીકરણની પદ્ધતિઓ Relaxation Techniques 3. ઓટોજેનિક ટ્રેનિંગ Autogenic Training 4. યોગ Yoga 5. મેડિટેશન Meditation 6. સહાયક મનોચિકિત્સા પદ્ધતિ Supportive Psychotherapy Methods 7. રસાયણિક મનોચિકિત્સા પદ્ધતિ Pharmacological Psychotherapy Methods 8. નિદ્રા આધારિત મનોચિકિત્સા પદ્ધતિ Sleep-Based Psychotherapy Methods 9. ઊર્જા આધારિત મનોચિકિત્સા પદ્ધતિ Energy-Based Psychotherapy Methods	15

Reference:

1. Boller, F., & Grafman, J. (Eds.). (1988). Handbook of neuropsychology. New York: Elsevier.
2. Heilman, K. M., & Valenstein, E. (1993). Clinical neuropsychology. New York: Oxford University Press.
3. Kolb, B., & Whishaw, I. Q. (1990). Fundamentals of human neuropsychology. New York: W. H. Freeman.
4. Walsh, K. (1994). Neuropsychology: A clinical approach. New Delhi: Churchill Livingstone.
5. Whitaker, H. A. (1988). Neuropsychological studies of focal brain damage. New York: Springer-Verlag.
6. પંડ્યા, કે.કે. (૨૦૧૨),. આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.



University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		DSCMPS 204		Subject Name		DEVELOPMENT PSYCHOLOGY-II			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total	CE	SE	Total	
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. The course will familiarize students with the basic psychological processes and studies relating to the influences them.
2. It will also focus on important application areas of Psychology.
3. Learn types of Psychology and other information sources

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	સ્નેહબંધનનો સમાજિક આવેગિક વિકાસ Social- Emotional Deployment of Attachment 1. પ્રસ્તવનાં Introduction 2. સ્નેહબંધનનો સમાજિક આવેગિક વિકાસ Social- Emotional Deployment of Attachment 3. સ્નેહબંધનના સિદ્ધાંતો Theories of Attachment 4. શિક્ષણ સિદ્ધાંત Theories of Learning 5. સામાજિક સિદ્ધાંત Ethological Theory 6. બાલ્યાવસ્થાથી આગળ સ્નેહબંધન Attachment Beyond Infancy 7. સ્નેહબંધનની શૈલીઓ Patterns of Attachment 8. સંસ્કૃતિક સંદર્ભમાં સ્નેહબંધન Attachment as a Cultural Reference	15
UNIT-2	સામાજિક આવેગિક વિકાસ Social Emotional Development 1. પરિચય Introduction 2. આવેગની વ્યાખ્યા Definition of Emotion 3. આવેગનો વિકાસ અને ભાવનાના સિદ્ધાંતો Development of Emotion and Theories of Emotion 4. મનનો સિદ્ધાંત Theory of Mind 5. સામાજીકરણ આવેગ પદ્ધતિ Methods of Emotional Socialization 6. આવેગિક પરિપક્વતા Emotional Maturity 7. સ્વરૂપ : વ્યાખ્યા અને ઘટકો Nature: Definition and Components	15



UNIT-3	જાતિ ભૂમિકા વિકાસ અને જાતિ વિકાસ Gender Role Development and Gender Development 1. પરિચય Introduction 2. વ્યાખ્યા, તફાવત અને વ્યક્તિગત તફાવત Definition, Difference, and Individual Differences 3. જાતિ ભૂમિકા વિકાસના સિદ્ધાંતો Theories of Gender Role Development 4. સામાજિક અભ્યાસ સિદ્ધાંત Social Learning Theory 5. જ્ઞાનાત્મક વિકાસ સિદ્ધાંત અને જાતિ ભૂમિકાઓ Cognitive Developmental Theories and Gender Roles 6. જાતિ સ્કેમેટિક પ્રક્રિયા સિદ્ધાંત Gender Schema Processing Theory 7. સામાજિક સંદર્ભ તરીકે જાતિ ભૂમિકા વિકાસ Gender Role Development as a Social Context	15
UNIT-4	નૈતિક વિકાસ Moral Development 1. પરિચય Introduction 2. નૈતિક વિકાસ Moral Development 3. નૈતિક વિકાસના સિદ્ધાંતો Theories of Moral Development 4. પિયાજે, કોહલબર્ગ અને નૈતિક વિકાસ Piaget, Kohlberg, and Moral Development	15

Reference:

1. Berk, L. E. (2009). Child development (8th ed.). Pearson Education.
2. English, H. B. (1951). An introduction to child psychology. Rinehart & Company.
3. Hurlock, E. B. (1978). Child development (6th ed.). McGraw-Hill.
4. Hurlock, E. B. (1981). Developmental psychology: A life-span approach (5th ed.). McGraw-Hill.
5. Kagan, J. (1984). The nature of the child. Basic Books.
6. Kuppawamy, B. (1980). An introduction to social psychology. Asia Publishing House.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		MIPS 201		Subject Name		THEORIES OF PERSONALITY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To understand the **meaning, nature, and definitions of personality.**
2. To develop an understanding of the **determinants of personality**, including biological, hereditary, environmental, and cultural factors.
3. To familiarize students with the **different types of personality.**
4. To introduce students to the **major theories of personality**, including those proposed by **Freud, Jung, Erich Fromm, Erik Erikson, Murray, Horney, Allport, and Rogers.**
5. To develop a **scientific and dynamic perspective** toward the study of personality.
6. To acquaint students with the **methods of personality assessment**, including standardized personality tests such as **MMPI, CPI, and 16PF.**
7. To familiarize students with **projective techniques** of personality assessment, such as the **Rorschach Test, Thematic Apperception Test (TAT), and Sentence Completion Test.**

Details of Modules

Unit	Content/ Topic	Hours
Unit: 1	વ્યક્તિત્વ (Introduction to Personality)	15
	1. વ્યક્તિત્વનો અર્થ અને વ્યાખ્યા Meaning and Definition of Personality	
	2. વ્યક્તિત્વના નિર્ધારકો Determinants of Personality	
	3. જૈવિક અને વારસાગત ઘટકો Biological and Hereditary Factors	
	4. પર્યાવરણીય ઘટકો Environmental Factors	
	5. સંસ્કૃતિક ઘટકો Cultural Factors	
	6. વ્યક્તિત્વના પ્રકારો Types of Personality	



Unit: 2	વ્યક્તિત્વના સિદ્ધાંતો -૧ (Theories of Personality-1) 1. ફ્રોઈડનો વ્યક્તિત્વનો સિદ્ધાંત Freud's Theory of Personality 2. યુંગનો વ્યક્તિત્વનો સિદ્ધાંત Jung's Theory of Personality 3. એરિક ફ્રોમનો વ્યક્તિત્વનો સિદ્ધાંત Erich Fromm's Theory of Personality 4. એરિક એરિક્સનનો વ્યક્તિત્વનો સિદ્ધાંત Erik Erikson's Theory of Personality	15
Unit: 3	વ્યક્તિત્વના સિદ્ધાંતો - ૨ (Theories of Personality-2) 1. મરેનો વ્યક્તિત્વનો સિદ્ધાંત Murray's Theory of Personality 2. હોર્નીનો વ્યક્તિત્વનો સિદ્ધાંત Horney's Theory of Personality 3. ઓલ્પોર્ટનો વ્યક્તિત્વનો સિદ્ધાંત Allport's Theory of Personality 4. રોજર્સનો વ્યક્તિત્વનો સિદ્ધાંત Rogers' Theory of Personality	15
Unit-4	વ્યક્તિત્વનું માપન Measurement of personality 1. વ્યક્તિત્વ કસોટીઓ Personality Tests 1. MMPI 2. CPI 3. 16 2. પ્રક્ષેપણની કસોટીઓ 1. રોશાંક કસોટી Rorschach Test 2. TAT કસોટી Thematic Apperception Test 3. વાક્યપૂર્તિ કસોટી Sentence Completion Test	15

TEXT BOOKS & REFERENCES

1. Allport, G. W. (1961). Pattern and growth in personality. New York, NY: Holt, Rinehart & Winston.
2. Feist, J., Feist, G. J., & Roberts, T. A. (2018). Theories of personality (9th ed.). New York, NY: McGraw-Hill Education.
3. Freud, S. (1923). The ego and the id. London, UK: Hogarth Press.
4. Schultz, D. P., & Schultz, S. E. (2016). Theories of personality (11th ed.). Boston, MA: Cengage Learning.
5. જોશી, એસ. એન. (2016). વ્યક્તિત્વ અને સમાયોજન. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
6. ત્રિવેદી, પી.આર. (૨૦૧૭). મનોવિજ્ઞાનના સિદ્ધાંતો. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
7. દેસાઈ, બી.કે. (2015). વ્યક્તિત્વ મનોવિજ્ઞાન (Personality Psychology). અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
8. પંડ્યા, આર.આર. (2018). આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
9. શુક્લ, કે.બી. (2014). મનોવિજ્ઞાન સિદ્ધાંત અને પ્રયોગ. રાજકોટ :પારસ પ્રકાશન.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

University Assessment:

50 Marks

Time: 2.00 Hours

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Master of Arts			Branch/ Spec		M.A Psychology	
Semester			II			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2026-27			
Subject Code		SECPS 201		Subject Name		EMOTION OF PSYCHOLOGY -II			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	2	-			2	Theory	25	25	50
Hours	30				30	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

- To understand the basic concept and meaning of emotion, including its nature, components, and importance in human behavior.
- To develop knowledge about different approaches to emotion, such as cognitive, physiological, and behavioral aspects.
- To familiarize students with various types of emotions, including positive and negative emotions, and their role in daily life.
- To explain the relationship between emotion and behavior, and how emotions influence thinking, decision-making, and actions.
- To enable students to apply emotional understanding in real-life situations, such as education, health, interpersonal relationships, and social adjustment.

Details of Modules

UNIT	Content/ Topic	Hours
Unit: 1	આવેગના સિધ્ધાંત (Introduction to Emotion) - જેમ્સ -લેંગનો સિધ્ધાંત James-Lange Theory - કેનન -બાર્ડનો સિધ્ધાંત Cannon-Bard Theory - શેક્ટર – સિંગરનો સિધ્ધાંત Schechter-Singer Theory - લેઝારસનો સિધ્ધાંત Lazarus Theory	15
Unit: 2	આવેગીક બુદ્ધિ Emotional Intelligence - આવેગીક બુદ્ધિની વ્યાખ્યા Emotional Intelligence Models - આવેગીક બુદ્ધિ મોડેલ Emotional Intelligence Model - માયર અને સોલોવ મોડેલ Salovey & Mayer Model - બાર-ઓન મોડેલ Bar-On Model - ગોલ મેન મોડેલ Goleman's Model	15



Reference

1. Goleman, D. (2006). Emotional intelligence: Why it can matter more than IQ. Bantam Books.
2. Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. (2018). Introduction to psychology (8th ed.). McGraw-Hill Education.
3. Schacter, D. L., Gilbert, D. T., Wegner, D. M., & Nock, M. K. (2020). Psychology (5th ed.). Worth Publishers.
4. Strongman, K. T. (2003). The psychology of emotion (5th ed.). John Wiley & Sons.
5. દવે, આર .એ .(2014). સામાન્ય મનોવિજ્ઞાન. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
6. શાહ, એન .આર) .(2015). શૈક્ષણિક મનોવિજ્ઞાન. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય

University Exam Paper Style

Evaluation

Internal Assessment:

25 Marks

Time: 1.00 Hours

University Assessment:

25 Marks

Credit: 02

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Short Questions (Any 5 out of 7)	Unit- 1 to 2	05



