



କାନ୍ତିଗୁରୁ ଶ୍ୟାମଞ୍ଜୁ କୃଷ୍ଣା ବର୍ମା

କଞ୍ଚି ୟୁନିଭର୍ସିଟି, ଭୁଞ୍ଜ

ଆର୍ଟ୍ସ ଇକଲଟି
ଐ.ମ.ଐ. (ମନୋବିଜ୍ଞାନ)

W.e.f.-2012
Regular/External

ପ୍ରକାଶକ :

ରଞ୍ଜିଷ୍ଟ୍ରାର,

କେ.ଐ.ସ.କେ.ଭି, କଞ୍ଚି ୟୁନିଭର୍ସିଟି, ଭୁଞ୍ଜ

પ્રાસ્તાવિક

બાહ્ય વિદ્યાર્થી (એકસ્ટર્નલ) પરીક્ષા આપનાર કે.એસ.કે.વી. કચ્છ યુનિવર્સિટીનાં વિદ્યાર્થીઓને સહર્ષ જણાવવાનું કે, વર્ષ ૨૦૧૧-૧૨ થી નિયમિત વિદ્યાર્થીઓ માટે M.A.-સેમેસ્ટર પદ્ધતિ (CBCS) શરૂ કરવામાં આવેલ. બાહ્ય વિદ્યાર્થીઓ પણ આ પદ્ધતિનો લાભ લઈ પોતાની કારકીર્દી ઘડી શકે તે અર્થે વર્ષ ૨૦૧૨-૧૩ થી (એકસ્ટર્નલ) બાહ્ય વિદ્યાર્થીઓ માટે સેમેસ્ટર પદ્ધતિ અમલમાં મૂકવાનો નિર્ણય કરવામાં આવ્યો. તે અનુસંધાને હવેથી નિયમિત વિદ્યાર્થીની જેમ જ એકસ્ટર્નલ વિદ્યાર્થી વર્ષમાં બે વાર ઓક્ટો-નવે. અને માર્ચ-એપ્રિલમાં સેમેસ્ટર પદ્ધતિ પ્રમાણે પરીક્ષા આપશે.

આ સેમેસ્ટર પદ્ધતિમાં વિદ્યાર્થીઓએ વર્ષમાં એક જ વખત ફોર્મ ભરવાનું છે. પરંતુ પરીક્ષા પ્રથમ અને દ્વિતીય સેમેસ્ટર એમ બે વખત આપવાની છે. જેની વિદ્યાર્થીઓએ ખાસ નોંધ લેવી.

આ નવી પદ્ધતિમાં દરેક વિદ્યાર્થીઓને આવકારવા સાથે માન.કુલપતિશ્રી ડૉ. શશીરંજન યાદવ દ્વારા શુભેચ્છા પાઠવવામાં આવે છે.

કુલસચિવશ્રી

ડૉ. બી.એસ.પટેલ

INDEX

SR.NO.	COURSE CODE	SUBJECT	PAGE NO.
Semester-1			
1	CC-01	Advance Experimental Psychology	4
2	CC-02	Research Methods & Measurement in Psychology- I	5
3	CC-03	Psychology of Emotion -I	6
4	EL-01	Psychopathology-I	7
6	EL-02	Health Psychology - I	9
Semester-2			
7	CC-04	Research Methods and Statistic in Psychology -II	10
8	CC-05	Psychology of Emotions - II	11
9	CC-06	Health Psychology –II	12
10	EL-03	Psychopathology -II	14
11	EL-04	Social Psychology Only For External Students	16

* એકસ્ટર્નલ વિદ્યાર્થીમાટે દરેક પ્રશ્નપત્ર ૧૦૦ ગુણનું રહેશે.

નોંધ : ૧) માત્ર એક્સ્ટર્નલ વિદ્યાર્થીઓને ફી ભરે એ સમયે વિનામૂલ્યે આપવી.

૨) ફરીથી લેવા આવે એ સમયે રૂા ૨૫.૦૦ લેવા.

૩) અન્યને ૨૫.૦૦ રૂા. માં આપવી.

K.S.K.V. Kachchh University
Department of Psychology
June 2012-13
Semester – I

Core Course-1 CC-01

70/100

Advance Experimental Psychology-Credit-04

Objectives : The course aims of familiarizing students with experimental research , experimental methods and various experimental designs. The paper will consist of the following five units

Unit-I

Nature and scope of Experimental Psychology –Basic Concept of Experimental including characteristics-gains and limitations. Types of variables and the control methods of experiment.

Motivation – Definitional problems – Role of Motivation in learning Experimental – Operations influencing motivation – Ego involvement.

Unit-II

Frustration – Methods used produce frustration – major responses – to frustration – methods of response measurement and Analysis Stimulus variable influencing responses to frustration.

Instrumental Averse conditioning (D'AMATO) comparison of positive & negative reinforcement – Escape conditioning – punishment – training –Avoidance conditioning – two factor theory of avoidance conditioning.

Unit-III

Operant condition – Schedules of reinforcement – simple and others schedules of reinforcement (fixed Ration variable, interval) Free operant Avoidance Schedule compound Schedule, sequential, chained, mixed multiple, simultaneous. Alternative, conductive and concurrent schedules.

Classification of Experimental Designs. Simple classification of Designs. Method counterbalanced. Design Random groups and Systematic randomization of conditions.

Unit-IV

Psycho-physical Methods. Thresholds types of Psycho-physical Methods. Method of average error.

Audition, Physical basis of audition. Physiological basis of audition. Psychological Problems of audition, some phenomena of audition Auditory location.

Semester – I

Core Course-2 CC-02

70/100

Research Methods & Measurement in Psychology- I-Credit-04

Objectives :

1. To provide information about basic concept of research
2. To provide information about research process
3. To familiar the students about types of research studies

Unit - I : Introduction

- a) Meaning of Research
- b) Characteristic of Research
- c) Types of research
- d) Major Steps for the research process

Unit - II : Research problems and Hypothesis

A Research problems

- a) Definition research problems
- b) Characteristics of research problems
- c) Sources of research problem

B Research Hypothesis

- a) Meaning of hypothesis
- b) Source of hypothesis
- c) Varieties of research hypothesis

Unit - III : Varieties of research studies

- a) Descriptive research study
- b) Exploratory study

Unit - IV : Sampling

- a) Meaning of sampling
- b) Characteristics of good sample
- c) Probability and Non probability sampling methods

Reference Books :

- Aron , Authur, Aron, E.N. and Cups, E.J. (2007) statistic for Psychology, New Delhi : Person Education.
- Best , J.W. and Kahn, J.V. (2006) Research Foundation New Delhi Prentice Hall of India Pvt. Ltd.
- Kerlinger , F.N. and Lee H.B. (2000) Foundation of Behavioral Research 4th Edi. New York : Harcourt Collage Publications .
- Mangal S.K. (2008) statistic in Psychology and Education New Delhi : Vistaar Publication

Semester – I

Core Course-3

CC-03

70/100

Psychology of Emotion –I-Credit-04

Objectives:

1. To enable the students to know aspects of emotion
2. To provide information of measurement of emotional aspects

Unit - I : Basic Issues

- a) Meaning of Emotion
- b) Concepts of Emotion
- c) Approach of Emotion

Unit - II : Types of Emotion

- a) Positive Emotion - i) Happiness
ii) Love
- b) Negative Emotions - i) Fear & Anxiety
ii) Anger
iii) Envy Jealousy
iv) Giret and sadness

Unit - III : Measurement of Emotion

- a) Physiological methods
- b) Psychological method
- c) Lie detector

Unit - IV : Theories of Emotion

- a) Basic Theory - i) James - Langes
- ii) Cannon - Bard Theory
- b) Cognitive theories - i) Schanters two factor of theory
- ii) Cognitive theory of lazar

Books:

1. Atkinson , R.L. Atkinson R.C. , Smith EE Bem , DJ. And Noled-Hoekema, Eds.) New York: Harcour
2. Averill, J.A (1980) A constructive view of emotion in R. Plytchik and Kellerman (Eds.) Emotion : Theory , research and experience : Vol. 1, Theories of Emotions, New york : Academic press.
3. Beaumont J.G (1983) introduction to human neuro psychological new York : Guildford.
4. Carlson, Neil, R. (2007) Foundation of Physiological Psychology. New Delhi: Person Education.

Web Resources :

- [http : //www.apa.org/ pubin fo langer. htm/](http://www.apa.org/pubinfo/longer.htm/)
[http : //www.infotrac. college.com/wadsworth](http://www.infotrac.college.com/wadsworth)

Semester1

Elective Course-1

EL-01

70/100

Psychopathology-I-Credit-04

Aims and Objectives of this paper, which is an important area of clinical psychology, is to enhance the understanding of the students of the latest diagnostic classification of DSM-IV, used by professionals like, clinical psychologists and psychiatrists for diagnosis and treatment. This course would equip the students to do practice and research after more intensive practical training in future.

Unit I : Abnormal Psychology and Historical and Contemporary Views of Abnormal Behavior

- What Do We Mean by Abnormal Behavior?
 - DSM-IV - Categorization

- Research Approaches in Abnormal Psychology

Causal Factors and Viewpoints in Abnormal Psychology

- Causes and Risk Factors for Abnormal Behavior
- The Biological Viewpoint and Biological Causal Factors
- The Psychosocial Viewpoint & Causal Factors
- The Sociocultural Viewpoint & Causal Factors

Unit II :Stress and Adjustment Disorders

- What Is Stress?
- The Effects of Severe Stress
- Adjustment Disorder: Reactions to Common Life Stressors
- Post-Traumatic Stress Disorder: Reactions to Catastrophic Events
- Prevention and Treatment of Stress Disorders

Panic, Anxiety, and their Disorders

- Phobic Disorders
- Generalized Anxiety Disorder
- Obsessive-Compulsive Disorder

Unit III :Mood Disorders and Suicide

- What Are Mood Disorders?
- Unipolar Mood Disorders
- Bipolar Disorders
- Suicide

Somatoform and Dissociative Disorders

- Somatoform Disorders
- Dissociative Disorders

Unit IV:Eating Disorders and Obesity

- Clinical Aspects of Eating Disorders
- Risk and Causal Factors in Eating Disorders
- Treatment of Eating Disorders
- Obesity
- Treatment of Obesity

Basic Books :

- Butcher J.M., Mineka S., Hooley J.M., (2007) , " Abnormal Psychology" , (13th Edition) , Pearson Education (Indian Reprint) (New DSM - IV- TR)

Reference:

- Sarason I.G. & Sarason B.R. (1996) , " Abnormal Psychology : The problem of Maladaptive Behavior " (8th Edition 0 , Prentice - Hall of India Pvt. Ltd. New Delhi.
- Barlow D.M. & Durand V.M. (2007) , " Abnormal Psychology : An Integrative approach " , (4th Edition) , Thomson - Wadsworth publishers , Delhi (Indian Reprint)

Semester – I

Elective Course-1

EL-01

70/100

Health Psychology – I-Credit-04

Aims and objectives of teaching this very important paper of Health Psychology, which is one the areas of Clinical Psychology, is to familiarize the students about the present scenario at the global level relating to the psyche of the human being regarding health related behavior, which is a fast growing problem today. In case the students wish to practice as health Psychologist in a hospital, these basic along with intensive raining would help them in future .

Unit- I

1. Definition of Health Psychology - Brief History - Need of the field of Health psychology
2. System of the body- Cardiovascular system- Digestive system

Unit- II

1. Introduction to Health behavior
2. Cognitive Behavioral approaches to health Behavior change
3. Health Enhancing behaviors : Exercise - Diet - Weight Control

Unit - III

1. Stress - Sources of chronic stress
2. Social support
3. Management of stress

Unit - IV

1. What is a Health Care Provider ? - Nature of patient - provider communication - improving patient - provider communication
2. Clinical issues in pain management
3. Pain control techniques
4. Management of chronic pain.

Basic Book :

- Taylor Sheelly E (2003) 'Health psychology ' (5th Edition) MC Graw Hill , USA

Reference books :

- M. Robin Dimatteo, Leslie R Martin (2002) "Health psychology" pearson Education Publication (Indian Edition)
- Malhotra S. Batra P. Yadav A (2007), " Health Psychology" Commonwealth publications , New Delhi.
- Woodworth R.S.(2000) " Health Psychology " khel sahitya kendra Delhi/
- Sarafine E.P. (2000) "Health psychology " Biopsychological interactions"3rd edition , Jhon wiley & sons Inc. USA.
- Marks D.F. Murray M. Evans B. , Willing C. Woodall C. sykes C.M. (2008) , Health Psychology :

K.S.K.V.Kachchh University
Department of Psychology
June 2012-13
Semester – II

Core Course-04

CC-04

70/100

Research Methods and Statistic in Psychology –II-Credit-04

Objectives :

- 1) To provide information about methods
- 2) To oriented the students to the concepts of basic statistic
- 3) To oriented the students for application of statistic in research

Unit - I : Methods of Data collection

- a) Observation
- b) Interview
- c) Questionnaires
- d) Projective techniques

Unit - II : Available data as source Material

- a) Personal Documents
- b) Public Documents

Unit - III : Statical Methods

- a) Product moment Co rrelation (All formulas)
- b) Tau
- c) Singed trunk test

Unit - IV :

- a) 't' test (All methods)
- b) Chi- square
- c) One way analysis of Variables

Reference Books :

- Aron , Authur, Aron, E.N. and Cups, E.J. (2007) statistic for Psychology, New Delhi : Person Education.
- Best , J.W. and Kahn, J.V. (2006) Research Foundation New Delhi Prentice Hall of India Pvt. Ltd.
- Kerlinger , F.N. and Lee H.B. (2000) Foundation of Behavioral Research 4th Edi. New York : Harcourt Collage Publications .
- Mangal S.K. (2008) statistic in Psychology and Education New Delhi : Vistaar Publication

Psychology of Emotions – II-Credit-04

Objectives :

- 1) To provide information of aspects to Emotions
- 2) To provide information of Indian approach of Emotions

Unit- I : Communication of Emotion

- a) Facial expression
- b) Neural Basis of the communication

Unit - II : Nonverbal communication of Emotion

- a) Paralanguage
- b) Body Language

Unit - III : Emotional Intelligence

- a) Definition and models of emotional intelligence
- b) Assessment of emotional intelligence

Unit - IV : Indian Approach of Emotion

- a) The Gita on emotion
- b) Patanjali on Emotion
- c) Buddhist view
- d) The Jaina view

Reference Books :

- Bar - On R. (2006) The Bar - on models of emotional social intelligence Psicothema, 18, supl. 13-25.
- B. Kuppusuwamy (2001) Elements of Ancient Indian Psycholgy , New Delhi : Konark Publications Pvt. Ltd. p 165-179
- Goleman, D (1995) Emotional intelligence , New York : Bantom Books.
- Paranjpe A.C. (1999) Emotional : A Perspecieve from the Indian Tradition Asian perspectives on psychologys : New Delhi : Suge.
- Carlsson N.R. (2007) , Foundations of Physiological Psychology , Delhi : Pearson Education.

Health Psychology –II-Credit-04

Unit - I : Management of chronic illness

- a) Quality of life
- b) Coping with chronic illness
- c) Rehabilitation and chronic illness
- d) Psychological interventions and chronic illness

Unit- II : Psychological issues in advancing and terminal illness

- a) Death across the life span
- b) Psychological issues in advancing illness
- c) Psychological management of the terminally ill
- d) Problems of survivors

Unit- III :

- a) Coronary Heart Disease
- b) Hypertension
- c) Cancer

Unit - IV : Health Psychology : Challengers for the future

- a) Health promotion
- b) Trends for the future
- c) Becoming a Health Psychologist

Basic Books : Taylor Shelly E (2003) ' Health Psychology ' (5th Edition) McGraw Hill Publication , USA.

Reference Books :

- M. Robin DiMatteo, Leslie R Martin (2002) " Health Psychology " Pearson Education publication (Indian Edition) McGraw Hill publication ,USA
- Malhotra S., Batra P., Yadava A (2007) , " Health Psychology " Commonwealth Publications, New Delhi.
- Woodworth R.S. (2000) "Health Psychology" Khel Sahitya Kendra , Delhi.
- Sarafino E.P. (2000) " Health Psychology : Bio psychological interaction " 3rd Edition , John Wiley & Sons Inc, USA.
- Marks D.F. Murray M., Evans B., Willing C. , Woodall C, Sykes C.M. (2008) , "Health Psychology : Theory , Research & Practice " 2nd Edition , Sage publications , New Delhi.

Recommended International Journals :

- Journal of behavioral Medicine
- American psychologist
- Journal of Social and Clinical Psychology
- Journal of Personality and Social Psychology
- Journal of Consulting and Clinical Psychology
- American Journal of Psychiatry
- Psychosomatic Medicine
- Journal of Health Psychology
- Journal American Medical Association
- Journal of Health and behavior
- British Journal of Clinical Psychology

Recommended National Journals

- Indian Journal of Clinical Psychology, New Delhi
- Journal of psychological Researches , Madras Psychological Society, Chennai
- Indian Journal of Community Psychology , U.P.
- Indian Journal of Applied Psychology , Chennai.
- Indian Journal of Social Researches, Benaras Hindu University, Varanasi.
- Journal of the Indian Academy of Applied Psychology, Puducherry.

Semester – II

Elective Course-03 EL-03

70/100

Psychopathology -II

Unit - I : Personality Disorder

- a) Clinical Features of Personality Disorder
- b) Categories of Personality Disorders - Causes of Personality disorders.
- c) Treatments and Outcomes
- d) Antisocial Personality and Psychopatho

Substance - Related Disorders

- e) Alcohol Abuse and Dependence
- f) Drug Abuse and Dependence

Unit - II : Sexual Variants, Abuse and Dysfunctions

- a) Sexual and Gender Variants
- b) Sexual Abuse
- c) Sexual Dysfunctions

Schizophrenia and Other Psychotic Disorders

- a) The Clinical Picture in Schizophrenia
- b) Subtypes of Schizophrenia
- c) What causes Schizophrenia
- d) Treatment and Clinical Outcome

Unit- III : Cognitive Disorders

- a) Brain Impairment in Adults
- b) Delirium
- c) Dementia
- d) Amnestic Syndrome
- e) Disorders Involving Head Injury
- f) Treatment and Out comes

Disorders of Childhood and Adolescence

- a) Maladaptive Behavior in Different Life Periods
- b) Common Dis orders of Childhood
- c) Learning Disorders and Mental Retardation
- d) Planning Better Programmers to help Children and Adolescents

Unit - IV : Contemporary and Legal Issues in Abnormal Psychology

- a) Perspective on Prevention
- b) Controversial Legal Issues and the Mentally Disordered
- c) Organized Efforts for Mental Health
- d) Challenges for the future

e) Basic Books :

- Butcher J.M., Mineka S., Hooley J.M., (2007) , " Abnormal Psychology" , (13th Edition) , Pearson Education (Indian Reprint) (New DSM - IV- TR)

Reference:

- Sarason I.G. & Sarason B.R. (1996) , " Abnormal Psychology : The problem of Maladaptive Behavior " (8th Edition 0 , Prentice - Hall of India Pvt. Ltd. New Delhi.
- Barlow D.M. & Durand V.M. (2007) , " Abnormal Psychology : An Integrative approach " , (4th Edition) , Thomson - Wadsworth publishers , Delhi (Indian Reprint)

Semester – II

Social Psychology Only For External Students -Credit-04

Objectives :

- 1) To Provide information about basic concept of Social Psychology

Unit - I : The field of Social Psychology

- a) Working Definition
- b) Focus on the Behavior of individuals
- c) Research methods in Social Psychology

a.) Systematic Observation

b.) Correlation

c.) Experimental

Unit - II : Social Cognition

- a) Schemas : Mental Frame work
- b) Error in Social cognition

Unit - III : Social Perception

- a) Non verbal communication

Unit - IV : Close Relationship

- a) Family

- b) Romantic Relationship

Basic Books :

1. Barom , R.A, Byrne , D. and Branscoarbe, N.R. (2007) Social Psychology

Reference Books : Eleverth Edition Delhi Person Education

1. Hendrick S.S. (2004) Understanding close relationship . Boston : Allyn 8 Bacon
2. Sencer, J.JH. Fein, S. etc.(2003) Motivated Social Perception , ma hwah , N.J. Erbaum
3. Husain , Akbar (2012) Social Psychology, Delhi Pearson,